

# Surface Structure of Amyloid- $\beta$ Fibrils Contributes to Cytotoxicity

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**ABSTRACT:** Amyloid  $\beta$  ( $A\beta$ ) toxicity has been hypothesized to initiate the pathogenesis of Alzheimer's disease (AD). The characteristic fibrillar morphology of  $A\beta$ -aggregates, that constitute the main components of senile plaque, has long been considered to account for the neurotoxicity. But recent reports argue against a primary role for mature fibrils in AD pathogenesis because of the lack of a robust correlation between the severity of neurological impairment and the extent of amyloid deposition. Toxicity from the soluble prefibrillar intermediate entity of aggregates often called oligomer has recently proposed a plausible explanation for this inconsistency. An alternative explanation is based on the observation that certain amyloid fibril morphologies are more toxic than others, indicating that not all amyloid fibrils are equally toxic. Here, we report that it is not only the  $\beta$ -sheeted fibrillar structure but also the surface physicochemical composition that affects the toxicity of  $A\beta$  fibrils. For the first time, colloidal gold was used to visualize by electron microscopy positive-charge clusters on  $A\beta$  fibrils. Chemical modifications as well as point-mutated  $A\beta$  synthesis techniques were applied to change the surface structures of  $A\beta$  and to show how local structure affects surface properties that are responsible for electrostatic and hydrophobic interactions with cells. We also report that covering the surface of  $A\beta$  fibers with myelin basic protein, which has surface properties contrary to those of  $A\beta$ , suppresses  $A\beta$  toxicity. On the basis of these results, we propose that the surface structure of  $A\beta$  fibrils plays an important role in  $A\beta$  toxicity.

Alzheimer's disease (AD)<sup>1</sup> is characterized in pathological terms by senile plaques (SPs), neurofibrillary tangles (NFTs), and subsequent neuronal loss (1). Fibrillar aggregates of  $\beta$ -amyloid ( $A\beta$ ) are a major component of SPs that take on a cross- $\beta$ -pleated sheet conformation (i.e.,  $\beta$ -aggregates) (2).  $\beta$ -aggregated  $A\beta$  is considered to be important in AD pathogenesis because it is toxic to cells (3).

Much effort has been exerted to understand the molecular basis of this toxic activity, but there is limited structural information about  $A\beta$ -aggregates that is directly related to toxic outcomes or effects (4–7). Acquiring information about the structure of  $A\beta$  at a higher resolution than has been achieved to date will likely reveal more clearly how structural characteristics contribute to  $A\beta$  function. Because of the aggregative nature of  $A\beta$ , crystallization of full-length  $A\beta$  has been unsuccessful. However, the crystal structure of a synthetic amyloid fibril of peptide fragment has been characterized (8). Although NMR techniques have greatly contributed to the 3D structural modeling of  $A\beta$  fibrils (9, 10), demonstrating the parallel, in register  $\beta$ -sheet structure alone (11, 12) does not fully explain the toxicity of  $A\beta$  fibrils.

For example, more regular and longer fibrils tend to be more toxic (7, 12). Certain amyloid fibril morphologies have been shown to be more toxic than others (7). Electrostatic interaction between  $A\beta$  fibrils with negatively charged membranes has been proposed to underlie the toxicity of  $A\beta$  toward neuronal cells (13, 14). Interaction of hydrophobic sites of  $A\beta$ -aggregates with membrane has also been shown to induce a decrease in the membrane fluidity (15).

Taken together, this information led us to hypothesize that the cellular toxicity of  $A\beta$  fibrils is affected not only by the  $\beta$ -sheeted fibrillar structure but also by the physicochemical properties on the surface of  $\beta$ -aggregated  $A\beta$  fibrils. The attachment of negatively charged colloidal gold (CG) particles along  $A\beta$  fibers revealed the presence of positive-charge clusters on their surface. Experimental modification of this surface property through attenuation of the local  $A\beta$  structure reduced both CG attachment to fibers and  $A\beta$  toxicity. Conversely, maintenance of positive charges on fibrils upon fibril formation revealed a compound that counteracts toxicity, namely, myelin basic protein (MBP).

## MATERIALS AND METHODS

**Materials.** Wild-type  $A\beta$ 40 peptide was purchased from the Peptide Institute (Osaka, Japan). Triple mutant  $A\beta$ 40 peptides, (Ala)<sub>3</sub> and (M2k)<sub>3</sub>, were synthesized and purified as described previously (16). All other chemicals were purchased from Sigma-Aldrich (Saint Louis,) unless otherwise stated.

**$A\beta$  Fibril Preparation.** To exclude the possibility that buffer molecules may complex with  $A\beta$  during chemical

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<sup>1</sup> Abbreviations: AD, Alzheimer's disease; SP, senile plaque;  $A\beta$ ,  $\beta$ -amyloid; MTT, 3-[4,5-dimethylthiazol-2-yl]-2,5-diphenyltetrazolium bromide; TEM, transmission electron microscopy; ThT, Thioflavin T; MBP, myelin basic protein; HFIP, 1,1,1,3,3,3-hexafluoroisopropanol; CG, colloidal gold; pLR, poly-L-Arg; (Ala)<sub>3</sub>,  $A\beta$ 40 (R5A, K16A, K28A) triple mutant; M2k, N<sup>6</sup>,N<sup>6</sup>-dimethyllysine; (M2k)<sub>3</sub>,  $A\beta$ 40 (R5M2k, K16M2k, K28M2k) triple mutant.

modification, lyophilized A $\beta$ 40 peptide (240  $\mu$ M) was directly dissolved in cold 10% 1,1,1,3,3,3-hexafluoro-2-propanol (HFIP) solution and incubated at room temperature for 4 days under constant agitation in a siliconized tube covered with a lid containing holes. This incubation period was sufficiently long to evaporate off most, if not all, of the HFIP from solution because of its high vapor pressure. Extent of fibril formation was assessed by Thioflavin T (ThT) fluorescence intensity and by fibrillar morphology assessed by electron microscopy. In experiments using mutant A $\beta$  peptides, three kinds of A $\beta$ 40, wild type, (Ala)<sub>3</sub>, and (M2k)<sub>3</sub>, were dissolved in HFIP then aliquoted and frozen at  $-80^{\circ}\text{C}$  until use. Aliquots were vacuum-centrifuged using a Savant Speed-vac system (Holbrook,) until most HFIP evaporated. Just prior to complete desiccation, the peptides were dissolved in 20 mM Tris-HCl (pH 7.4) on ice. Three peptide solutions (10  $\mu$ M each) and buffer alone were incubated in siliconized tubes at  $37^{\circ}\text{C}$  for 212 h without agitation.

**Transmission Electron Microscopy (TEM).** Five microliters of each sample was applied to Formvar-coated 300-mesh copper or nickel grids. A $\beta$  fibrils were co-incubated with 5 nm colloidal gold (CG) (Sigma-Aldrich) (0.01% as HAuCl<sub>4</sub>) for 1 h and then fixed with 5% glutaraldehyde solution in 50 mM sodium phosphate buffer (pH 7.4). After staining the preparations with 1% (w/v) neutralized tungstophosphate or with 1% (w/v) uranyl acetate, the grids were examined on a LEO 912AB electron microscope at an accelerating voltage of 100 kV or on a CM20 electron microscope at 80 kV.

**Cell Viability Assay.** Human embryonic kidney (HEK) 293 cells were used to test the toxic effects of various samples as assessed in the 3-[4,5-dimethylthiazol-2-yl]-2,5-diphenyltetrazolium bromide (MTT) assay. Cells were grown in Dulbecco's modified Eagle's medium (DMEM) containing 10% fetal bovine serum and incubated in a humidified chamber (85% humidity) containing 5% CO<sub>2</sub> at  $37^{\circ}\text{C}$ . Two days before peptide sample treatment, the cell culture medium was replaced with serum-free DMEM, and the cells were trypsinized and re-plated onto coated 96-well plates at a final cell density of 20,000 cells/well. Two hours after the cells were incubated with peptide samples, MTT was added to each well, and the plates were kept in a CO<sub>2</sub> incubator for an additional 2 h. The cells were then lysed by adding lysis solution (50% dimethylformamide, 20% SDS at pH 4.7) and were incubated overnight. The degree of MTT reduction (i.e., cell viability) in each sample was subsequently assessed by measuring absorption at 550 nm at  $37^{\circ}\text{C}$  using a plate reader. Background absorbance values, as assessed from cell-free wells, were subtracted from the absorption values of each test sample. The absorbance measured from the three wells were averaged, and the percentage MTT reduction was calculated by dividing this average by the absorbance measured from a control sample lacking peptide sample.

**Thioflavin T (ThT) Assay.** The degree of  $\beta$ -aggregation was determined using the fluorescent dye, ThT, which specifically binds to  $\beta$ -aggregated structures (17). Measurements were performed at excitation and emission wavelengths of 444 and 485 nm, respectively, wavelengths that result in the optimum detection of bound ThT. To account for background fluorescence, the fluorescence intensity measured from each control solution (i.e., lacking A $\beta$  fibril

sample) was subtracted from that of each solution containing the sample. Measurements were obtained in triplicate.

**Chemical Modifications (Glycation and Acetylation).** Samples of preformed A $\beta$  fibers (120  $\mu$ M in H<sub>2</sub>O) and H<sub>2</sub>O (control) were incubated with glucose (1 M in H<sub>2</sub>O), aspirin (0.5 M in H<sub>2</sub>O), or H<sub>2</sub>O at  $100^{\circ}\text{C}$  for 4 h. Thus, H<sub>2</sub>O-treated A $\beta$  fibers were also heat-treated. Lids of tubes containing samples were tightly taped to avoid evaporation as much as possible. For the same purpose, tubes were incubated in a humidified oven. After heat treatment, the pH and volume of each sample were adjusted to neutral and to the volume prior to treatment, respectively. Glucose and aspirin were not removed from each solution after the treatment. In the following three assays (i.e., ThT, ninhydrin, and MTT), we compared results between the A $\beta$  sample treated with glucose, aspirin, or H<sub>2</sub>O and each control, namely, glucose, aspirin, or H<sub>2</sub>O alone without A $\beta$ . The extent of A $\beta$  modification was assessed by ninhydrin assay, which easily measures the amount of free amines. Each sample was blotted onto silica plates, then premixed ninhydrin assay solution was poured over the plates. After drying the plates with heat, the plates were scanned three times to quantify the intensity of the ninhydrin blue reaction product, which appears as blue dots. A blue reaction product indicates the presence of free amines in a sample.

**Sedimentation Assay (OD214).** To account for the different affinity of ThT for different amino acid residues, we performed a sedimentation assay to adjust the mass concentration of aggregates prepared from mutant A $\beta$  peptides, as described previously (18). This ensured that cell cultures tested with the MTT assay were exposed to comparable amounts of aggregates. We used the following equation to calculate the mass concentration of the aggregates we used for the MTT assay:  $10\% \text{ mass concentration of aggregates} = 10\% \times (\text{mass concentration of aggregates}) \div (\text{percentage of aggregation})$ . Regrettably, this method of sedimentation assay was not suitable for determining the level of aggregation in chemical modification experiments since both glucose and aspirin interfered significantly with the absorbance readings. However, ThT assay results with EM pictures showed that substantial amount of fibrils remained intact. ThT fluorescence measurements indicated that heat-treated A $\beta$  fibrils in the presence of glucose or aspirin had higher  $\beta$ -aggregation levels than did heat-treated A $\beta$  fibrils in the absence of glucose or aspirin. A $\beta$  fibrils heat-treated in H<sub>2</sub>O without glucose or aspirin still showed a significantly higher fluorescence level than the control (i.e., H<sub>2</sub>O without A $\beta$ ).

**Trp Fluorescence.** Intrinsic fluorescence emission by the Trp residue in myelin basic protein (MBP) was measured to monitor its interaction with A $\beta$  fibers (19). Since the Trp residue of MBP is excited at 295 nm, we measured the emission spectra between 300 to 400 nm; emission values at 364 nm were taken as maxima.

## RESULTS

**Detection of Positive-Charge Clusters on A $\beta$  Aggregates.** The charge-based interaction of A $\beta$  peptide with cell membranes has been previously proposed (20). There is also consensus in the literature that electrostatics play a role in A $\beta$  interactions with negatively charged lipids (13, 14). Yet, the electrostatic properties of aggregated A $\beta$  have never been

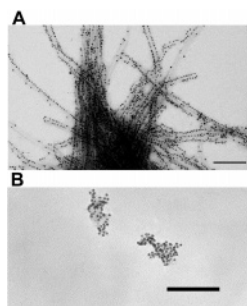


FIGURE 1: Visualization of positive charge-clusters. (A) A $\beta$ 40 (10  $\mu$ M) was incubated in 5 mM HEPES (pH 7.4) and 0.9% NaCl at 37  $^{\circ}$ C until the level of  $\beta$ -aggregation reached a plateau;  $\beta$ -aggregation was monitored by ThT fluorescence (17). The aggregated A $\beta$  sample was then treated with CG (5 nm particle size) solution for another hour and applied to Formvar-coated 300-mesh copper grids. The grids were then stained with 1% (w/v) neutralized tungstophosphoric acid. The specimen was examined on an LEO 912AB electron microscope at an accelerating voltage of 100 kV. Magnification is 80,000, and the scale bar is 100 nm. (B) Freshly dissolved 23  $\mu$ M pLR (average MW, 40 kDa) in H $_2$ O was co-incubated with CG at room temperature, dropped onto nickel grids, and then negatively stained with 1% (w/v) uranyl acetate. The specimen was examined on a CM20 electron microscope at an accelerating voltage of 80 kV. Magnification is 66,000, and the scale bar is 50 nm.

directly observed on the surface of fibrils, presumably because conventional techniques that can render these data at above molecular resolution, such as crystallography, have been challenging in studies on amyloid.

In the present study, we used CG to locate positively charged sites along A $\beta$  fibers. Each CG nanoparticle is composed of a crystalline gold core surrounded by an ionic double layer shell (21). The inner layer of this shell is made from adsorbed gold dichloride ions and the outer layer is made from diffuse hydrogen ions, giving each CG particle an overall negative surface charge (21). Therefore, the positive charges along A $\beta$  fibers should attract CG, enabling us to map the distribution of positive charges on these fibers by transmission electron microscopy (TEM). Indeed, we observed a great number of CG particles attached to A $\beta$  fibers (Figure 1A). Although CG adhesion was almost continuous along the fibers, CG coverage was not complete. CG particles tended to align along one or two sides of a fiber, indicating that clusters of positive charges exist along A $\beta$  fibers. To ensure the electrostatic interactions between the negative charges on CG particles and the positive charges on peptides, we performed an internal control experiment by incubating CG with polymers of positively charged arginine amino acids (poly-L-Arg; pLR) (Figure 1B). We observed significant binding of CG particles onto the amorphous mass of pLR, confirming an electrostatic interaction between CG and basic amino acids. Although A $\beta$  fibers and pLRs have completely different structures, they both possess clustered positive charges on their surfaces. Importantly, both of them are cytotoxic (4–7, 22).

**Charge Balance in A $\beta$  Aggregation and Toxicity.** The net charge of A $\beta$  at physiological pH is about  $-3$ . Thus, a notable characteristic of A $\beta$ -aggregation is the formation of positive-charge clusters without the corresponding neutralization of positive charges by negative charges. It is possible that a charge balance on the A $\beta$  peptides may have helped make this process possible and that disrupting that balance

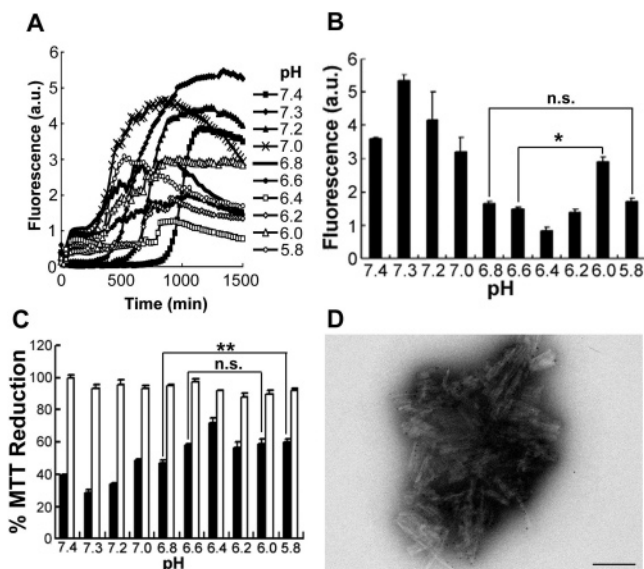
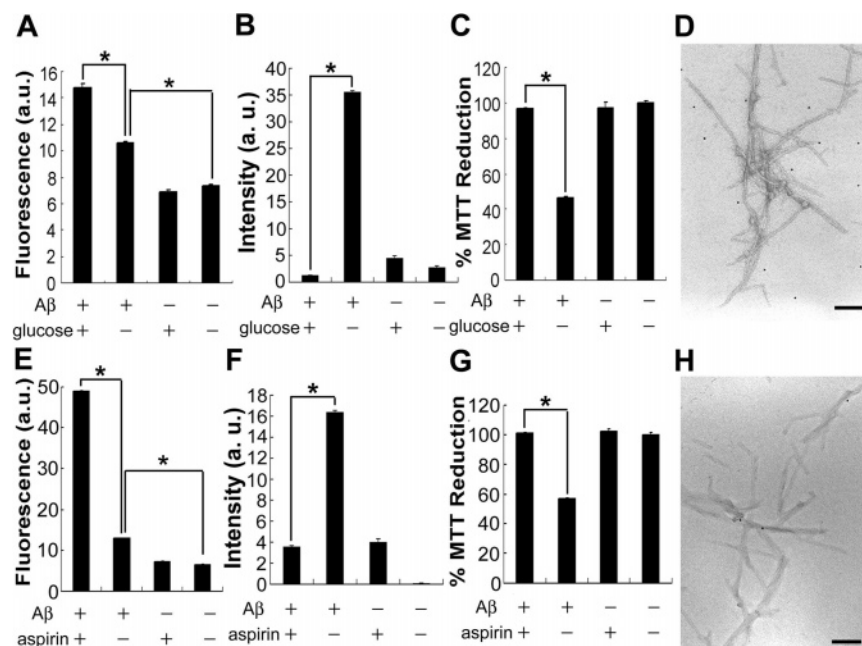


FIGURE 2: Balance of charge in A $\beta$ -aggregation and toxicity. (A) A $\beta$ 40 (5  $\mu$ M) was pretreated with HFIP and was incubated at 37  $^{\circ}$ C with 10  $\mu$ M ThT in 5 mM HEPES at the series of pH values shown in the panel. The relative degree of  $\beta$ -aggregation was assessed in terms of fluorescence intensity. To account for background fluorescence, the fluorescence intensity measured from each control solution without A $\beta$  was subtracted from that of each solution containing A $\beta$ . (B) Fluorescence intensity of each sample after 25 h of incubation. Statistical significance was calculated by using Student's *t*-test; \*  $p < 0.05$ ; n.s. = not significant. (C) Samples from the incubation well added to HEK 293 cell cultures and assayed for cytotoxicity at a final concentration of 420 nM A $\beta$ 40 (filled bars) and water (open bars) with MTT reduction (i.e., cell viability). The absorbance (570 nm) value from water at pH 7.4 was 100%. Statistical significance was calculated by using Student's *t*-test; \*\*  $p < 0.01$ ; n.s. = not significant. Note that despite the significantly higher  $\beta$ -aggregation level of the pH 6.0 sample compared to that of the pH 6.6 sample, there was no difference in their toxicity. Also note that despite the lack of significant difference in the  $\beta$ -aggregation level between the pH 5.8 and pH 6.8 samples, the pH 5.8 sample was significantly less toxic than the pH 6.8 sample. (D) A $\beta$ 40-aggregates that formed at pH 5.8 and incubated with CG were applied to copper grids. After fixation by 5% glutaraldehyde solution, they were stained with 1% neutralized tungstophosphoric acid. Magnification is 80,000, and the scale bars are 100 nm.

would influence the  $\beta$ -aggregation and, consequently, A $\beta$  toxicity. The pH dependency of A $\beta$ -aggregation kinetics was monitored by ThT fluorescence assay (Figure 2A). pH ranges from 7.4 to 5.8 had two peaks of  $\beta$ -aggregation using A $\beta$ 40 (Figure 2B). The first peak was observed at pH 7.3, within the physiological range of pH reduction in acidosis (23). We speculated that a slight increase in positive charges within the A $\beta$  sequence through the protonation among three histidine residues inducing nucleation by the electrostatic interactions between side chains may explain this phenomenon. A lower level of  $\beta$ -aggregation was reached at lower pH (pH 7.2–6.4) presumably because the highly increased positive charges induced the nucleation process so effectively that it suppressed the elongation process (Figure 2A). The overinducing effect of nucleation decreased at even lower pH, and a second peak of  $\beta$ -aggregation was observed at pH 6.0 (Figure 2B). Interestingly, while the extent of  $\beta$ -aggregation correlated well with toxicity in the pH range from 7.4 to 6.2, it did not with the two samples formed at pH 6.0 and pH 5.8 (Figure 2B and C). Despite the high level of  $\beta$ -aggregation at pH 6.0 that is almost twice the level at





**FIGURE 3:** Effects of chemically modified positive charges on A $\beta$ -toxicity. (A)  $\beta$ -aggregation of glycated A $\beta$ . A $\beta$  fibrils and H<sub>2</sub>O in the presence or absence of glucose were heat-treated. Each sample (A $\beta$  fibrils treated with glucose, A $\beta$  fibrils treated with H<sub>2</sub>O, glucose alone without A $\beta$ , and H<sub>2</sub>O alone without A $\beta$ ) was mixed with 25  $\mu$ M ThT, and  $\beta$ -aggregation was monitored by measuring fluorescence. (B) Effect of glycation on A $\beta$ -associated amines. Ninhydrin assay was performed on 2.5  $\mu$ L of four samples (glucose-treated A $\beta$  fibrils, H<sub>2</sub>O-treated A $\beta$  fibrils, glucose alone, and H<sub>2</sub>O alone). (C) Effect of glycation on A $\beta$ -related cytotoxicity. Four samples were diluted and added to HEK 293 cell cultures for MTT assay. Final concentration of A $\beta$ 40 was 120 nM. (D) Effect of glycation on positive-charge clusters of A $\beta$  fibers. Glucose-treated A $\beta$  fibers were co-incubated with CG and observed under TEM. A $\beta$  fibrils and H<sub>2</sub>O in the presence or absence of aspirin were heat-treated. The ThT fluorescence (E) ninhydrin reactivity (F), and cytotoxicity (G) of four samples (A $\beta$  fibrils treated with aspirin, A $\beta$  fibrils treated with H<sub>2</sub>O, aspirin alone without A $\beta$ , and H<sub>2</sub>O alone without A $\beta$ ) were assessed as described for A–C. (H) Effect of acetylation on positive-charge clusters of A $\beta$  fibers. Acetylated A $\beta$  fiber was co-incubated with CG and observed under TEM. D and H were examined on a CM20 electron microscope at 80 kV. Magnification is 66,000, and the scale bars are 100 nm. Statistical significance was calculated by using a Student's *t*-test; \**p* < 0.001. Data are presented as means of triplicates  $\pm$  SEM.

pH 6.6, there was no significant difference in the toxicity between two samples prepared at pH 6.0 and pH 6.6 (Figure 2B and C). Because the isoelectric point (pI) of A $\beta$ 40 is around 5.8, the second peak of aggregation at pH 6.0 may follow the general principle of proteins to aggregate and precipitate out of solution when their net charge reaches zero. Aggregates formed at pH 5.8 were shorter, had greater affinity to cluster together, and showed fewer CG adhesions (Figure 2D). The electrostatic attractions of A $\beta$  peptides at its pI caused the clumping or bundling of short fibers and suppressed the formation of exposed positive-charge clusters, resulting in lower than expected toxicity. This phenomenon is consistent with and supports a report showing that A $\beta$  fibrils formed with agitation exhibited higher tendency to associate laterally, thus forming bundles and having a lower toxicity than A $\beta$  fibrils formed without agitation (7). Therefore, the positive charge balance of A $\beta$  peptides directly influences the  $\beta$ -aggregation process in forming positive-charge clusters and affects toxicity.

**Contribution of Positive-Charge Clusters to A $\beta$  Toxicity.** To investigate how positive-charge clusters contribute to the toxicity of A $\beta$ -aggregates, we chemically modified preformed A $\beta$  fibers by glycation and acetylation. Both methods modify positively charged sites in proteins (24–27). Changes in  $\beta$ -aggregation through glycation were monitored by measuring Thioflavin T (ThT) fluorescence (17). We found that A $\beta$  fibers treated with glucose had higher  $\beta$ -aggregation levels than did A $\beta$  fibers treated with H<sub>2</sub>O, whose  $\beta$ -aggregation level was still significantly high (Figure 3A). Loss

of ninhydrin reactivity indicated that the glycated A $\beta$  had lost positive charges in its amino group (Figure 3B). Interestingly, glycated A $\beta$  fibers had almost no toxic activity at the final concentration tested (120 nM) (Figure 3C).

Next, we co-incubated glycated A $\beta$  fibers with CG, examined them with TEM, and found that the fibrous structure of the glycated fibers remained intact, even though adhesion was minimal (Figure 3D). These results suggested that glycation suppressed toxicity by reducing the positive charges on A $\beta$  fibers. Similar results were obtained when A $\beta$  fibers were treated with aspirin (Figure 3E–H), an acetylating agent (26, 27) known to reduce the risk of AD (28). A $\beta$  fibers treated with aspirin showed much greater levels of  $\beta$ -aggregation, as assessed by ThT fluorescence, than did H<sub>2</sub>O-treated A $\beta$  fibers (Figure 3E). By contrast, our ninhydrin and MTT assay results showed that toxicity declined as aspirin-related acetylation reduced positive charges of the A $\beta$  fibers (Figure 3F and G). TEM examination of aspirin-treated A $\beta$  revealed that the fibrous structure of the fibers remained intact (Figure 3H).

The toxicity of A $\beta$  fibers was not reduced simply by addition of glucose or aspirin at the concentration used (data not shown); the A $\beta$  and glucose or aspirin mixture had to be heat treated to induce chemical modification of A $\beta$  fibers before assaying toxicity on cells. These results from the glycation and acetylation experiments suggest that positive-charge clusters play an important role in A $\beta$  toxicity, even though it is unknown how the local structural change caused by these modifications might have affected toxicity.

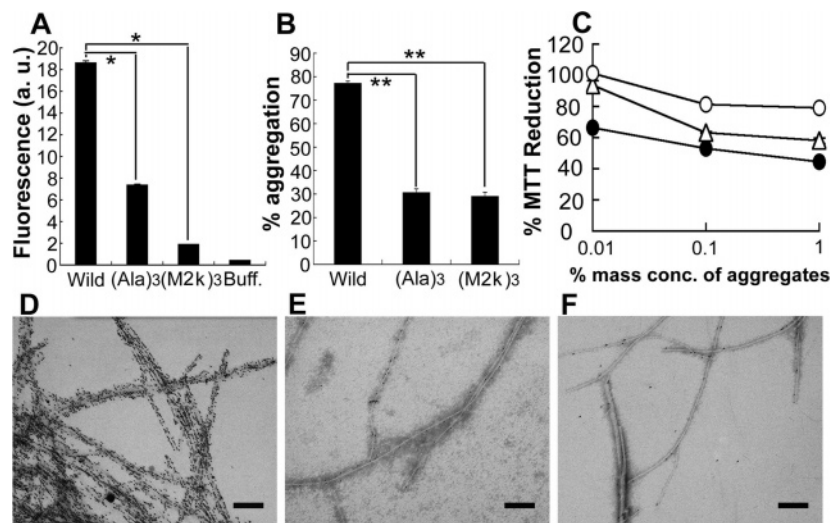


FIGURE 4: Modification of local structure affects A $\beta$  surface properties and toxicity. (A)  $\beta$ -aggregation of wild-type and mutant A $\beta$  as assessed by ThT fluorescence. Wild-type A $\beta$  and two A $\beta$  mutants, (Ala)<sub>3</sub> and (M2k)<sub>3</sub>, were dissolved in 20 mM Tris-HCl (pH 7.4) to a final concentration of 10  $\mu$ M and incubated at 37 °C for 212 h. (Ala)<sub>3</sub> and (M2k)<sub>3</sub> are synthetic A $\beta$ 40 peptides whose three basic residues (Arg5, Lys16, and Lys28) are mutated to Ala and M2k residues, respectively. M2k is N<sup>6</sup>,N<sup>6</sup>-dimethyllysine. The fluorescence intensity of each sample, including buffer alone, was measured by ThT (final concentration, 10  $\mu$ M). Statistical significance was calculated by using a Student's *t*-test, \**p* < 0.0005. Data are presented as means of triplicates  $\pm$  SEM. (B) Percent aggregation of each sample assessed by measuring absorbance at a wavelength of 214 nm, as described in Materials and Methods. \*\**p* < 0.001. (C) Effect of A $\beta$  mutation on cytotoxicity. The percent mass concentration of aggregates in each A $\beta$  sample was adjusted, and cytotoxicity was assessed by MTT assay. The A $\beta$  samples were added to HEK293 cells cultured in 50% serum-free DMEM, and after 22 h, MTT was added to the cells, which were incubated further for 2 h (*n* = 3). Cytotoxic effects by three kinds of A $\beta$  fibrils (wild type (●), (Ala)<sub>3</sub> (Δ), and (M2k)<sub>3</sub> (○)) are significantly different by two-way ANOVA: *p* < 0.0001. (D–F) Amino acid mutations affect A $\beta$  surface characteristics. Wild-type A $\beta$  fibers (D) (Ala)<sub>3</sub> A $\beta$  fibers (E), and (M2k)<sub>3</sub> A $\beta$  fibers (F) were co-incubated with CG (5 nm) at room temperature, applied onto nickel grids, fixed with 5% glutaraldehyde solution, then negatively stained with 2% phosphotungstate (pH 7.1). Grids were examined on an LEO912AB electron microscope at 100 kV. Magnification is 80,000, and the scale bars are 100 nm.

**Local Structures Affect the Surface Properties of A $\beta$  Fibrils and Their Cytotoxicity.** To determine the role that local surface structures play in A $\beta$  toxicity, we assessed the  $\beta$ -aggregation capacity and cytotoxicity of two mutant A $\beta$  peptides. One mutant, (Ala)<sub>3</sub>, is a point mutant (R5A, K16A, K28A) of A $\beta$ 40 in which three basic residues were replaced with hydrophobic Ala residues, and the other mutant, (M2k)<sub>3</sub>, is a point mutant (R5M2k, K16M2k, K28M2k) of A $\beta$ 40 in which the three basic residues of wild-type A $\beta$  were replaced with less hydrophobic N<sup>6</sup>,N<sup>6</sup>-dimethyllysines (M2k).

After incubating samples of wild-type A $\beta$  and the two A $\beta$  mutants for the same period under the same conditions, we assessed the extent of  $\beta$ -aggregation by measuring ThT fluorescence (Figure 4A). Both (Ala)<sub>3</sub> and (M2k)<sub>3</sub> showed less  $\beta$ -aggregation than did the wild type. Since ThT may bind peptides having different sequences with varying affinity, we also assessed aggregation by adjusting the concentration of aggregates and measuring the percentage of aggregation by sedimentation assay (Figure 4B). Consistent with our ThT results, both the (Ala)<sub>3</sub> and (M2k)<sub>3</sub> mutants showed a significantly lower percentage of aggregation than did wild-type A $\beta$  (Figure 4B).

Next, we assessed and compared the cytotoxicity of A $\beta$ -aggregates formed by each A $\beta$  mutant to those formed by wild-type A $\beta$  by using an MTT assay. To ensure that cell cultures were exposed to comparable amounts of aggregates, we used the percentage of aggregation values to calculate the percentage of mass concentration for each type of A $\beta$ -aggregate. Aggregates of the (Ala)<sub>3</sub> mutant showed slightly but significantly lower toxicity than did those of wild-type A $\beta$  (Figure 4C), although the difference was not as large as that expected from the chemical modification experiments.

Contrary to our expectation, positively charged (M2k)<sub>3</sub> aggregates showed much lower toxicity than did wild-type A $\beta$ -aggregates, even more significantly than (Ala)<sub>3</sub> (Figure 4C). The (Ala)<sub>3</sub> toxicity we observed may be due to the remaining positive charges stemming from His residues, whose subpopulation remains positively charged at neutral pH. This possibility is consistent with the pattern of CG binding on (Ala)<sub>3</sub> fibrils, even though much fewer CG particles bound to the mutant than to wild-type A $\beta$  fibrils (Figure 4D and E).

Alternatively, (Ala)<sub>3</sub> toxicity may also be due to the hydrophobicity of the mutant because the interaction between hydrophobic sites on A $\beta$ -aggregates and membrane has also been suggested previously (15). Then, positive-charge clusters alone do not affect on A $\beta$  toxicity. Ala has a hydrophobicity of 0.616, whereas Arg and Lys have hydrophobicities of 0.000 and 0.283, respectively (29). Although it is almost impossible to remove positive charges without altering the surface properties on A $\beta$  fibrils, the overall hydrophobicity of fibrils can be maintained at a more or less constant level, as with (M2k)<sub>3</sub> mutant fibrils. To create (M2k)<sub>3</sub>, the three basic residues of wild-type A $\beta$  were replaced with N<sup>6</sup>,N<sup>6</sup>-dimethyllysine (M2k), which has a hydrophobicity of 0.151 in contrast to 0.189, the average hydrophobicity of one Arg and two Lys. The reason for such a low hydrophobicity for M2k is that M2k remains positively charged, as found with heterochromatin-associated protein 1 (HP1) (30).

Comparing aggregates formed by (M2k)<sub>3</sub> and wild-type A $\beta$  enabled us to study how local surface structure can contribute to A $\beta$  fibril toxicity (Figure 4). Although both (M2k)<sub>3</sub> and wild-type A $\beta$  are positively charged and have comparable hydrophobicities, (M2k)<sub>3</sub> aggregates were much

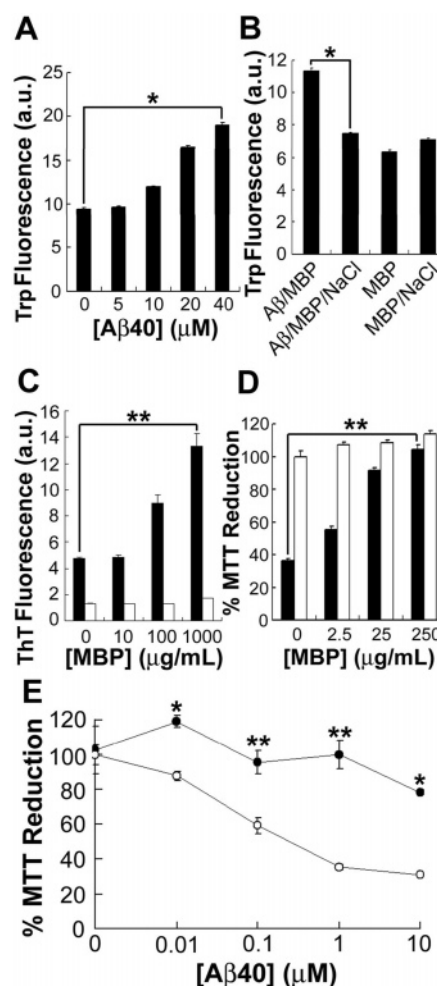
less toxic than were wild-type aggregates (Figure 4C). This result can be explained by analogy to HP1, whose methylated lysine side chain is unsuitable for “normal” electrostatic interactions (30). This is because methylation of lysine  $N^\zeta$  adds hydrophobic methyl groups and polarizes the  $N^\zeta-C^\epsilon$  bond, creating a delocalized positive charge that prefers cation- $\pi$  interactions with aromatic residues (31). This property of the M2k residue, whose delocalized positive charge is not suitable for electrostatic interactions, is reflected qualitatively in the reduced CG binding we observed on (M2k)<sub>3</sub> mutant A $\beta$  fibers (Figure 4F). This finding suggests that it is not simply the positive-charge clusters but the local structure that affects surface physicochemical composition of A $\beta$  fibrils responsible for various interactions with cell membranes.

Collectively, these results suggest that surface physicochemical composition contributes significantly to A $\beta$  toxicity and their efficacy depends largely on the local structures of amino acid side chains.

**Inhibition of A $\beta$  Toxicity on the Basis of the Surface Properties of A $\beta$  Aggregates.** Thus far, we have considered the effects of surface physicochemical properties of A $\beta$ -aggregates on toxicity. Then, we searched for a compound that would reasonably inhibit the surface properties of A $\beta$  fibers, suppressing or at least reducing, their toxicity. If electrostatic interactions between positive-charge clusters and negatively charged cell membranes induce toxicity, then to reduce toxicity, these positive charges would need to be neutralized by negative charges. However, because A $\beta$  possesses a net negative charge at physiological pH, we needed to identify a compound with positive charges to enhance interactions with the negatively charged sites on A $\beta$  fibrils. Since the positive charges of A $\beta$ -aggregates remain intact, we assumed that the positive-to-negative charge ratio of wild-type A $\beta$  peptide within the amyloid structure that is almost 1:2 at physiological pH may also remain the same or at least may remain similar to that of A $\beta$  monomers. Therefore, we looked for compounds that possess more positive charges than negative charges, particularly those with a positive-to-negative charge ratio close to 2:1, which is the reciprocal of the charge ratio of monomeric A $\beta$ . At the same time, these compounds should also possess some hydrophobic amino acids, which would ideally interact with the hydrophobic sites on A $\beta$  fibers.

We found MBP to be a molecule with properties closely matching the above requirements. The positive-to-negative charge ratio of bovine MBP is  $\sim 3:1$ , and  $\sim 46\%$  of its sequence consists of hydrophobic amino acids. Because MBP has one Trp residue and A $\beta$  has none, we monitored Trp fluorescence to assess the interaction of MBP with A $\beta$  fibers (Figure 5A). Fluorescence emission maxima increased with increasing A $\beta$  concentrations, suggesting that MBP and A $\beta$  fibers interacted (19).

To determine whether this interaction largely depends upon electrostatic associations, we treated samples containing MBP and A $\beta$  fibers with salt (Figure 5B). The presence of 1 M NaCl reduced the emission maximum to control levels (i.e., that of samples containing MBP and salt). Although how MBP exactly interacts with A $\beta$  fibers is unknown; this observation indicates that electrostatic interactions between A $\beta$  and MBP did indeed occur.



**FIGURE 5:** Inhibition of A $\beta$ -toxicity by MBP. (A) Interaction of MBP with A $\beta$  fibers. A $\beta$ 40 fiber solutions at the concentrations indicated were mixed with 10  $\mu$ M bovine MBP (MW, 18.4 kDa), and MBP binding to A $\beta$  was assessed by monitoring Trp fluorescence. (B) Effect of salts on MBP–A $\beta$  fiber interactions. Trp fluorescence measurements were performed on samples containing 10  $\mu$ M MBP with or without 20  $\mu$ M A $\beta$ 40 fiber and 1 M NaCl. (C) Effect of MBP on A $\beta$ -aggregation.  $\beta$ -aggregation of samples containing various concentrations of MBP and either 10  $\mu$ M preincubated A $\beta$ 40 (filled bars) or H<sub>2</sub>O (open bars) was measured by monitoring ThT fluorescence. (D) Effect of MBP on A $\beta$  cytotoxicity. We used the MTT assay to measure the toxicity of A $\beta$  fibers (final concentration of 1  $\mu$ M A $\beta$ 40) in the presence of MBP. Filled bars, with A $\beta$ ; open bars, without A $\beta$ . (E) Concentration-dependent toxicity of A $\beta$ 40 fiber measured by MTT assay in the presence (●) and the absence (○) of 50  $\mu$ g/mL MBP;  $n = 3$ ; \* $p < 0.005$ ; and \*\* $p < 0.05$ .

Next, we examined whether MBP affects the aggregation and cytotoxicity of A $\beta$  fibers. ThT assay of samples containing both MBP and preformed A $\beta$  fibers showed increased  $\beta$ -aggregation with increasing MBP concentrations (Figure 5C). MTT assay of cells treated with these samples revealed that MBP inhibited the toxicity of A $\beta$  fibers (Figure 5D). Moreover, the dose-dependent toxicity of A $\beta$  fibers was clearly suppressed by MBP (Figure 5E). These results suggest that MBP inhibits A $\beta$  toxicity by inhibiting the surface activity of A $\beta$  fibers through electrostatic interactions. From these results, we propose that the toxicity of A $\beta$  fibrils is significantly affected by the surface physicochemical structure despite the detailed mechanism, and which specific surface properties is yet unknown.



## DISCUSSION

A $\beta$  generation and associated conformational changes into the cross- $\beta$ -pleated sheet amyloid structure (2) observed in SPs are hypothesized to initiate the pathogenesis of AD (1). Although A $\beta$  toxicity depends on its aggregation state and on the electrostatic interaction with cells (13, 14, 20), the mechanism of that toxicity remains unknown because detailed structural knowledge is lacking (12, 19). Using CG, we investigated the positively charged surface properties of A $\beta$ -aggregates and how they contribute to A $\beta$  toxicity. The presence of positive-charge clusters implies that systematic  $\beta$ -aggregation results in clustering of surface physicochemical properties. This is indeed consistent with the parallel, in register  $\beta$ -sheet 3D model of A $\beta$  fibers (7, 11, 12) that predicts clustering of the physicochemical properties of side chains on the surface of A $\beta$  fibers. Although we also attempted to locate the negatively charged surface properties by using cationic CG, we were unable to observe its adhesion on A $\beta$  fibers, most likely because of the contamination of pLK in cationic CG solution. Thus far, the technique of CG attachment to investigate surface properties is limited to a qualitative analysis. Technical improvement in the future should allow for more quantitative analysis of surface structure on a protein or on a macromolecular protein complex of nanoscale.

We observed that A $\beta$ -aggregates formed at pH close to the pI of A $\beta$  were clumped and showed fewer CG adhesions, resulting in lower than expected toxicity from the extent of  $\beta$ -aggregation. We also observed that chemical modifications of basic residues inhibited the toxicity of fibrillar A $\beta$  and decreased CG attachment, suggesting that positive-charge clusters may play a significant role in wild type A $\beta$  fiber toxicity. We also investigated how local surface structure contributed to the cytotoxicity of A $\beta$  fibers. We found that a triple-Ala mutant of A $\beta$  was slightly but significantly less toxic than wild-type A $\beta$ , a finding that supports the importance of positive-charge clusters on the toxicity of wild A $\beta$  fibrils and at the same time, as suggested previously (15), the possible involvement of increased hydrophobicity (from Ala) in decreasing the toxicity of these more hydrophobic mutant A $\beta$  fibrils. M2k was used to examine these surface properties of A $\beta$ -aggregates in more detail. Analysis of a (M2k)<sub>3</sub> mutant of A $\beta$  suggested that the local structure of amino acid residues, which greatly affects the availability of the molecule surface for electrostatic interaction, thus not the positive charge alone, plays a significant role in the interaction between A $\beta$  fibers and cells and the subsequent toxicity.

The observation of positive-charge clusters on A $\beta$  fibers also suggested the partial, if not complete, preservation of surface physicochemical properties of A $\beta$  after systematic  $\beta$ -aggregation. Using the structural characteristics of monomeric A $\beta$  as a guide, we searched for a molecule with a reciprocal charge ratio and moderate hydrophobicity to counteract and inhibit the surface activities of A $\beta$  fibers. MBP proved to be an effective inhibitor of A $\beta$  toxicity, even though an application of MBP for a therapeutic purpose may not be appropriate since MBP induces autoimmune encephalomyelitis. Nonetheless, this result indirectly supports our hypothesis that surface physicochemical structure composed of the side chains of systematic  $\beta$ -aggregates plays an

important role in A $\beta$  toxicity. Moreover, our findings collectively explain the structure–toxicity relationship of A $\beta$  fibrils. Upon its formation, the parallel, in register  $\beta$ -sheet structure of A $\beta$  fibers should cause the clustering the physicochemical properties of at least some side chains. We speculate here that these clusters on the surface of A $\beta$  fibers induce toxicity. Because this toxic clustering of surface properties occurs as a result of systematic  $\beta$ -aggregation, more regular and longer A $\beta$  fibrils tend to become more toxic (7, 12). This observation supports the concept that neuronal degeneration in AD is caused by the deposition of  $\beta$  amyloid (1, 32).

However, there are also arguments against a primary role for mature fibrils in AD pathogenesis. They are mostly based on the absence of a robust correlation between the severity of neurological impairment and the extent of amyloid deposition (4, 33, 34). Our results that modified surface properties of A $\beta$  by fiber bundling, chemical modifications, synthetic point mutagenesis, and interaction with MBP all consistently show that the extent of  $\beta$ -aggregation is not perfectly correlated with toxicity. Instead, our results suggest that it is not just the  $\beta$ -sheeted fibrillar structure but also the surface physicochemical composition that affects the toxicity of A $\beta$  fibrils in ways that we still do not understand. In relation to this, certain amyloid fibril morphologies have been shown to be more toxic than others (7). Therefore, we propose that alteration of the surface properties of A $\beta$  fibrils such as fiber bundling, post-translational modifications, or interactions with other molecules possibly weakens the correlation between disease symptom and amyloid deposition.

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